

# Considering PrEP?

Anyone considering PrEP (daily or event-driven) should discuss this with their health care provider.

**Let us end AIDS now!**



## **Pre-Exposure Prophylaxis (PrEP)**

**On-demand PrEP also  
called Event-Driven  
PrEP**



Your National AIDS Programme  
Ministry of Health  
Healthcare Provider

## What is On-demand PrEP?

Event-driven PrEP (ED-PrEP) or “on-demand PrEP” (2-1-1) is an alternative to daily PrEP to prevent HIV infection for gay and bisexual men at risk for HIV.

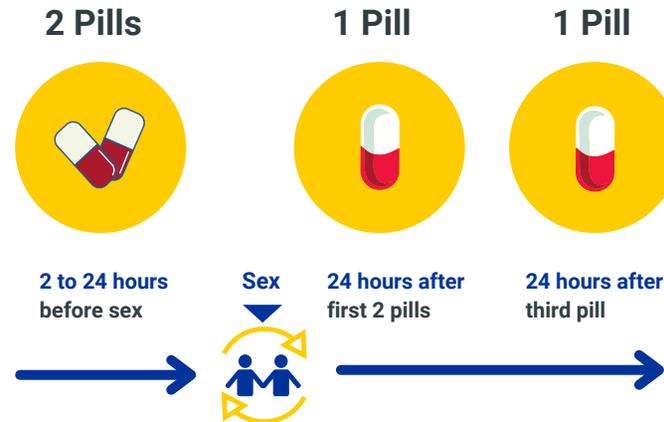
It is safe and highly effective in reducing the risk of HIV acquisition through receptive and/or insertive sex between men. It can be offered as an alternative to daily PrEP dosing for Men who have sex with men (MSM).

ED-PrEP can be an attractive choice for MSM who decline daily PrEP. For MSM daily PrEP and ED-PrEP can be offered as options. The choice can be based on a person’s circumstances and preferences, as determined by their lifestyle, including the frequency and predictability of sex and whether sex is anticipated.

Daily PrEP is appropriate for clients where the occurrence of sex cannot be predicted and for those whose potential exposures to HIV are more frequent than two times per week.



## What is 2-1-1?



### For whom is ED-PrEP appropriate?

- A man who has sex with another man—who would find ED-PrEP more effective and convenient
- who has infrequent sex (for example, sex less than 2 times per week on average)
- who is able to plan for sex at least 2 hours

### For whom is ED-PrEP NOT appropriate?

- Cisgender women or transgender women
- transgender men having vaginal/frontal sex
- Men having vaginal or anal sex with women
- People with chronic Hepatitis B infection.

## What are the benefits of On-demand PrEP or ED-PrEP?

On-Demand PrEP or ED-PrEP is highly effective in reducing the risk of HIV acquisition in MSM, and it has the following additional benefits:

- Provides choice and convenience for MSM who may be at high HIV risk for brief periods or have sex less than two times per week on average;
- Serves as an option for MSM who can anticipate, plan, or delay their sex events;
- Reduces pill burden;
- Saves costs, since fewer pills may be needed, including costs to the user if he buys PrEP.

See your health care provider to discuss your options for either daily PrEP or ED-PrEP. Your doctor will recommend the best option given your situation and medical history.

### Special consideration:

A user of ED-PrEP who continues to have sex after completing 2-1-1 can stay protected by taking another pill each day and stopping two (2) days after the last sex act. Conversely, if an individual starts Daily PrEP, but then sex becomes infrequent and predictable, talk to your health care provider about ED-PrEP.

While Daily PrEP is offered to all eligible clients regardless of gender, sexual orientation and behaviour, On-demand PrEP is offered only to MSM. There is scientific evidence that the “2-1-1” schedule provides effective protection for gay and bisexual men when having anal sex without a condom. The interaction of PrEP and feminizing hormone therapy in transgender women suggests caution with considering ED-PrEP as an additional choice.

Information on the effectiveness of on-demand PrEP and how it works for heterosexual men and women, people who inject drugs, and transgender persons is limited.

Monitoring visits and HIV testing, and other laboratory testing for people taking PrEP should be the same whether they take daily PrEP or ED-PrEP.