



Championing our wealth: promoting the health and well-being of adolescents and youth in the Caribbean

1st Caribbean Congress on Adolescent and Youth Health

LOGISTICS

Congress venue	<p>HYATT REGENCY TRINIDAD 1 Wrightson Road, Port of Spain, Trinidad and Tobago Tel. +868-623-2222</p>
	<p>Register with this link to access the congress rate: https://www.hyatt.com/en-US/group-booking/TRIRT/G-CCAY</p>
Congress dates	<p>Opening Ceremony: 14th October, 6:00 PM – 8:00 pm Reception: 14th October, 8.00 – 9.00</p>
	<p>Day 1: 15th October, 9:00 am – 5:00 pm</p>
	<p>Day 2: 16th October, 9:00 am – 5.00 pm</p>
	<p>Day 3: 17th October, 9:00 am – 12.00 pm</p>
	<p>Closing Ceremony: 2:00 pm – 3:30 pm</p>
Registration	<p>US\$ 100 to be paid in cash upon registration</p>
	<p>Registration cost cover: congress participation, reception, box lunches, and coffee breaks</p>
	<p>Registration opens on Monday, 14th October, at 4:00 pm</p>
Special events	<p>15th October, 7:00 – 9:00 pm: Cultural night!!! Please bring your cultural/traditional attire and come and represent your country.</p>
	<p>16th October: 7:00 – 9:00 pm: karaoke night. Come and showcase your talent!!!</p>



<p>Airport transportation</p>	<p>The airport is located 30 minutes outside of Port of Spain. Arrangements have been made with on Time Chauffeur Services Ltd to pick up congress participants at a reduced price and ensure safe and reliable transportation for everyone to the Hyatt Hotel. Participants are expected to cover the cost directly with the driver. Registration for this service must be made in advance. Send a request with your confirmed travel itinerary to: Anita.DavisCraig@CARICOM.org as soon as your travel arrangement is confirmed.</p> <p><u>Guidelines for Airport Pickup - Caribbean Youth Congress (Trinidad)</u> Upon arrival at Piarco Airport and immediately as you exit the restricted Customs area, kindly proceed to your left. A representative of OnTime Chauffeur Services Ltd. will be assigned to meet and greet you. He/she will be waiting inside the airport building (i.e. <u>not</u> outside at the kerb/pickup zone). For ease of identification, he/she will bear a sign that reads "Caribbean Youth Congress". Please retain contact numbers 1-868-628-OTCS (6827) [phone] and 1-868-301-0049 [WhatsApp] for our OnTime Chauffeurs, so that you may reach them directly in the event of any challenges, concerns or difficulties.</p>
<p>Emergency telephone number</p>	<p>1-868-764-4467</p>

Visa and entry requirements

Every person (including minors) seeking admission at a port of entry in Trinidad and Tobago must be in possession of a valid travel document/passport. A person who is not a citizen or a resident of Trinidad and Tobago must be in possession of a valid return ticket to his/her homeland or country of residence. A person who is not a citizen or a resident of Trinidad and Tobago must be in possession of sufficient funds for his/her upkeep during his/her stay in Trinidad and Tobago. Every person seeking admission to Trinidad and Tobago on arrival must complete an Immigration E/D Card (Form 1). An application for an Entry Visa must be submitted to a Trinidad and Tobago Mission abroad or where there is no Trinidad and Tobago Office, to a UK Embassy or Consulate in a non-Commonwealth country. However, participants are advised to contact the Trinidad and Tobago Consulate in your country or liaise with your local Ministry of Foreign Affairs to verify if you need a visa prior to travelling to the island. All visitors are also required to supply the Immigration Department of Trinidad and Tobago with the name and address of their hotel or place of residence in order to be allowed entry into the island. Further details are available at

www.immigration.gov.tt



Immigration

Participants are to go through Immigration with completed Immigration and Customs forms to the section marked “CARICOM NATIONALS”; or “VISITORS”. If you have a UNLP please use the Diplomatic line. After clearing Immigration, participants should proceed to the Customs Hall to collect checked luggage. A list of allowances /dutiabale items can be found at the back of the Trinidad and Tobago Customs Declaration Form.

Yellow Fever Vaccination

Kindly ensure that you have the Yellow Fever vaccination before you travel, as it is a requirement for entry into the country of Trinidad and Tobago. We do not have Yellow Fever in Trinidad, but some airlines require proof of Yellow Fever vaccination for people who have been to Trinidad.

Airport taxi

If you chose to use the Airport Taxi, Taxi Drivers are uniformed in white shirt jacks, black or blue trousers with yellow photo identification passes to take you to any destination of choice. Taxi services are 24 hours daily and Tariff Board information is available from the Dispatcher.

- **Piarco Airport Taxi Cooperative Society: 868-669-1689**
- **Kalloo’s Taxi service- 1-868-669-5673** (Piarco Airport Branch)

Approximately \$TT 281.25 (tax inclusive)

NB: Night rates (after 10 PM) can be increased to 50 % additional

Please note that taxis do not accept debit or credit cards; you will need cash for the airport taxi.

Foreign exchange

Please note that the foreign conversion rate from USD\$ to TT\$ as of September 1 2018 is 6.76.

There is a scarcity of US\$ currency in Trinidad and Tobago , so participants are advised to travel with US\$ cash and/or credit card. Currently, there are no ATMs that dispense foreign currency. There are several ATMs in Piarco Airport and one at the Hilton Hotel that dispense TT dollars.

Venue

The meeting will be held at the Hyatt Regency Hotel located at 1 Wrightson Road, Port of Spain.



Attractions in Trinidad

Within Port of Spain:

- Royal Botanical Gardens
- Emperor Valley Zoo
- Queen's Park Savannah
- National Museum and Art Gallery
- Fort George

Outside of Port of Spain

- Maracas Beach
- Caroni Swamp and Bird Sanctuary
- Asa Wright Nature Centre and Lodge
- Pointe-a-Pierre Wild Fowl Trust
- Yurette Hummingbird Sanctuary
- Chaguaramas Board Walk
- Down D' Islands (DDI)
- Pitch Lake

Shopping, Dining and Entertainment

- Movietowne, Invader's Bay (<http://www.movietowne.com/>)
- The Falls at West Mall, West Moorings (<http://thefallsatwestmalltt.com/>)
- Trincity Mall, Trincity (<https://www.facebook.com/TrincityMall>)
- Grand Bazaar, Valsayn (<https://www.facebook.com/GrandBazaarTrinidad>)
- Ariapita Avenue, Port of Spain (<https://www.discovertnt.com/articles/Trinidad/Ariapita-Avenue#axzz612WuXzLf>)



Safety



There have been a number of thefts at Piarco International Airport and extra vigilance with valuables is therefore recommended when at the airport.

Crime

Trinidad

Violent crimes, including gun and drug related crimes, assault, kidnapping for ransom, sexual assault and murder are prevalent in the island of Trinidad particularly in areas of the capital Port of Spain, and San Fernando. However, these can occur anywhere. By-standers and/or foreign nationals have been victims of these crimes.

Muggings and robbery from vehicles and property are a risk particularly in urban areas and near ATMs. At present, the areas experiencing higher criminal activities are Laventille, Beetham Estate, Sealots. Travelling along the Lady Young Road at night is not recommended.

Walking in the city especially at night can be dangerous since most robberies occur at this time. Downtown Port-of-Spain should be avoided at night unless absolutely necessary. During the day be vigilant and exercise extreme caution.



Try to avoid the use of shared public taxis; use identified Taxis only and your Hotel taxi. Always keep the taxi windows up and sit directly behind the driver. Do not venture through places that are unfamiliar to you.

The Fort George Lookout and its immediate environs have been declared an “**Area of Caution**” to all UN Personnel. Areas in the eastern part of down-town Port-of-Spain should be avoided unless absolutely necessary.

Tobago

Serious crimes, including murder, armed robbery and sexual assault, against foreign nationals continue to occur in Tobago albeit at a lesser intensity than in Trinidad. Isolated areas are particularly dangerous, especially at night. You are advised to ensure that there is a high level of security in place at your accommodation regardless of the type of accommodation.

Trinidad and Tobago islands are vulnerable to the natural disasters that affect islands in the Caribbean, including earthquakes. The hurricane season goes from 01 June to 30 November and heavy rains and floods are common during this period.

General

As far as possible, use credit cards and local currency. Secure important documents, valuables and cash in your hotel safety deposit facility.

Secure your hotel room windows and door/doors before retiring at night. Avoid wearing excessive jewellery or other attractive valuables. Do not display large sums of cash.

Natural disasters, severe weather and climate

Hurricanes

Flooding can occur, especially in low-lying areas, during the hurricane season which may extend from 1 June to the end of November. Landslides can also occur. You are advised to monitor local and international weather forecasts.

Earthquakes

Trinidad and Tobago is located in a seismic zone. Earthquakes are a potential threat and tremors are felt frequently.



Demonstrations and civil unrest

Sporadic civil unrest and demonstrations may cause significant disturbances throughout the country. You should avoid large crowds and demonstrations. Monitor local media news reports for current information.

Emergency Medical Services

St Clair Medical Centre (private hospital)
#18 Elizabeth
Street, St. Clair
Port-of-Spain, Trinidad
West Indies
Tele: (868) 628-1451 / (868) 628-8615
Fax: (868) 622-3124
Website: www.medcorpltd.com
Email: