

First Caribbean Congress on Adolescent and Youth Health



“Championing our wealth: Promoting the health and well-being of adolescents and youth in the Caribbean”

15 - 17

**October
2019**

**Port of Spain,
Trinidad And
Tobago**



Artwork symbolism:

The artwork developed for the first ever Caribbean Congress on Adolescent and Youth Health first and foremost celebrates young people in all their diversity, as shown by the many faces of young people. It recognizes key elements that bind us as a region - our geography; our history; our strides and struggles- and places coming together as one people, one fist at the center of our upward movement! It wants to remind us that out of the waters of the Caribbean sea, that connect our countries, new generations of talent and potential continue to be birthed. These should, through our efforts, be set on a path to reach sunnier horizons and endless skies. The artwork is original and authentic; it was conceptualized and designed by a team of Caribbean youngsters. Special thanks to designers Nicholas Thomas and Lucien Govaard!

Information Booklet

Caribbean Congress on Adolescent
and Youth Health



OCTOBER 14-17, 2019

CARIBBEAN CONGRESS ON ADOLESCENT AND YOUTH HEALTH

CHAMPIONING OUR WEALTH:
PROMOTING THE HEALTH AND
WELL-BEING OF
ADOLESCENTS AND YOUTH IN
THE CARIBBEAN

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PURPOSE OF THE CONGRESS

The Congress is organised by a consortium of regional partners, including youth leaders! It is anticipated that the Congress will increase awareness on health issues that are affecting the well-being of adolescents and youth in the Caribbean. Thanks to the active participation of healthcare professionals, partners, and youth leaders the Congress will help to mobilise greater investment for the promotion and protection of the health and well-being of all adolescents and young people through raising the issues being faced today. The Caribbean Congress will address: Mental Health, Climate Change, SRH, HIV/STIs, Youth Development and more. This event will serve as an impetus for policy-makers to discuss how to improve and sustain investments in our health!

Track Description

Track 1	<p>Mental Health, Substance Use, Violence and Injuries</p> <p>It is time to talk about things that influence our mind! Your mental health is vital to your success and wellbeing. Substance abuse and violence have many health effects, let us have a safe space to discuss and share how to improve.</p>	Track 3	<p>Nutrition, Physical Activity, Sports and Youth Development</p> <p>Nutrition and physical activity are needed to have a healthy lifestyle! Nutrition leads to the nourishment the body needs to grow strong. Having an active lifestyle help bones become stronger and builds a healthy heart.</p>
Track 2	<p>Sexual and Reproductive Health and Rights, HIV and STIs</p> <p>Good sexual and reproductive health is a state of complete physical, mental, and social well-being in all matters relating to the reproductive system, Let's talk about how to do it safely!</p>	Track 4	<p>Climate Change and Environment</p> <p>As the globe warms, it changes the nature of rainfall, evaporation, snow, stream flow and other factors that affect water supply and the quality of the environment we need to live. Let's fight climate change together!</p>

Youth Zone Activities

Stop by our interactive Youth Zone and engage with us!

Share your ideas, meet with your peers, and learn new things!

- Design-sprint
- Instagram Live
- Facebook Live
- Twitter Sprint

Feature Address



Her Excellency
Paula-Mae Weekes ORT
President of the Republic
of Trinidad and Tobago

Welcome Remarks



Sharon Rowley
Patron, Caribbean
Congress on
Adolescent & Youth
Health

Keynote Addresses



Terez Lord
CARICOM Youth
Ambassador



Carissa Etienne
Director
PAHO/WHO



Amb. Irwin LaRocque
Secretary General of the
Caribbean Community
(CARICOM)

Closing Remarks



Asha Pemberton
Paediatrician, Chair of the
Planning Committee for the first
Caribbean Congress on
Adolescent and Youth Health

Special Remarks



Alison Drayton
Director,
UNFPA Caribbean
Sub-Regional Office



Kim Simplis-Barrow,
Chair, Spouses of
CARICOM Leaders
Action Network
(SCLAN)



Hon. Terrence
Deyalsingh, MP,
Minister of Health,
Republic of Trinidad
and Tobago

AGENDA

Registration opens on Monday, October 14th at 13:00

Monday, October 14 th , 2019, 15:00 – 17:00	Pre-Conference Workshop Human-Centered Design Sprint: An Introduction to Youth-Centered Design for Health	Venue: Hyatt Regency Hotel
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Monday, October 14th, 2019 | 17:45 – 20:00 | Opening Ceremony

Track 1	Mental Health, Substance Use, Violence and Injuries	Track 3	Nutrition, Physical Activity, Sports and Youth Development
Track 2	Sexual and Reproductive Health and Rights, HIV and STIs	Track 4	Climate Change and Environment
Youth-led Activities and Youth Zone			

Tuesday, October 15, 2019				
06:00 – 08:00	Start the day right! Join other participants for exercise, meditation or prayer			
09:00 – 10:30	Plenary Session I: Global and Regional Perspectives on Adolescent and Youth Health Moderators: Faith B. Yisrael & Sheila Forrester			
	Panelist: <ul style="list-style-type: none"> - Susan Sawyer: Global perspectives on adolescent and youth health - Carissa Etienne: Universal Health Coverage and Access for Young People - Douglas Slater: Adolescent and youth health in the Caribbean context - Kobe Smith: Engaging young people in the improvement of their own health 			
Parallel Sessions				
10:45 – 12:00	EXHIBITS	Session 1A: Adolescent and Youth Mental Health	Session 1B: The Sexual and Reproductive Health and Rights of Young People	Session 1C: Nutrition and Physical Activity
		Moderators: Jessica Anthony and Asha Pemberton	Moderators: Latoya Charles and Aurora Noguera-Ramkissoon	Moderators: Stephen Andrews and Susan Kasedde
		1. Claudina Cayetano: <i>The mental health of young people in the Caribbean</i> 2. Rondell Trim: <i>Mental wellness among the youth in the Caribbean region.</i> 3. Yifeng Wei: <i>The Implementation and Evaluation of “Go-To” Educator Training and Mental Health Literacy Curriculum Guide in Bahamas.</i> 4. Shellie-Ann John: <i>Phenomenological exploration of the lived experiences of females between the ages of 18-35 who engaged in deliberate self-harm and their journey to recovery.</i>	1. Dona Da Costa Martinez: <i>CHAMP for Families- A Community Collaborative Youth Focused HIV/AIDS Prevention Strategy</i> 2. Caroline Allen: <i>Evaluation of dance4life Barbados: an intervention for youth sexual and reproductive health and empowerment.</i> 3. Sara Louanne Scott: <i>Family Planning Among Adolescents at GPHC Antenatal Clinic: A Knowledge, Attitudes and Practices Survey.</i> Presenter: 4. Julio Sabido: <i>Formative assessment of menstrual hygiene management (MHM) among adolescent girls in primary and secondary schools in Belize.</i>	1. Danielle Walwyn: <i>Beyond the student - using the socioecological approach to better understand the physical activity context in secondary schools in Antigua.</i> 2. Prithiviraj Bahadursingh: <i>Obesity and Weight Concerns in Children with Special Needs</i> 3. Colanne Alexander: <i>The Influence of Understanding and Motivation on the Successful Management of the Obese Child.</i> 4. Leah Lewis: <i>“Childhood Obesity through Behaviour Change – A Modern Day Initiative”</i>
12:00 – 14:00	LUNCH BREAK			

AGENDA

12:45 – 14:00		Special session I – Side Events		
		<ol style="list-style-type: none"> World Health Organization (WHO): AAHA! – Evidence-based planning for adolescent health Andre Thomas: The source of your leadership. Giselle Ramose, National Centre for Persons with Disabilities and Dereck Springer: Addressing the Sexual and Reproductive Health needs of young persons with disabilities 		
Parallel Sessions				
14:15 – 15:45	EXHIBITS	Session IIA: Violence and Injuries	Session IIB: HIV and STI in young people in the Caribbean	Mini Workshop: Early Intervention for Reduction of NCDs in the Caribbean (2.00:pm – 6:00 pm)
		<p>Moderators: Andre Browne and Abigail Harris</p> <ol style="list-style-type: none"> Asha Pemberton: <i>Strengthening the public health approach to youth violence in the Americas: results from an expert consultation.</i> Gabriela Polanco: <i>Linking the Public Health and Education Sector to Tackle the Culture of Violence in the Dominican Republic</i> Officer Derrick Sharbodie: Police Youth Club as a strategy to engage youth in violence prevention Jacqueline Sharpe: <i>“The Impact of Violence on Mental Health”</i> 	<p>Moderators: Alexis D’ Marco and Renatta Langlais</p> <ol style="list-style-type: none"> Russell B. Pierre: <i>Risk factors and Outcomes of Sexually acquired HIV/AIDS in Jamaican Children and Youth.</i> Caroline Allen: <i>Youth perceptions of HIV testing quality and barriers to access in six Eastern Caribbean</i> Sandra Jones: <i>Access to Sexual and Reproductive Health Services for Adolescents: Critical Element to the maintenance of the Elimination of the Mother-to-Child Transmission of HIV and Syphilis Strategy in the Caribbean.</i> Russell Pierre: <i>Achieving the WHO’s “90-90-90” objectives in a Paediatric and Adolescent HIV/AIDS cohort, University Hospital of the West Indies, Jamaica</i> 	<p>Purpose: To provide an overview of noncommunicable diseases and how they affect children and adolescents in the CARICOM region, identify NCD priority areas and propose potential solutions involving advocacy and educational programs at the national and community levels.</p> <p>Presenters:</p> <ul style="list-style-type: none"> Mychelle Farmer, Barbara McGaw, Pierre Cooke Alafia Samuels
16:00 – 17:00		KNOWLEDGE CAFÉ – Shanti Singh - Anthony		
		YOUTH ZONE <i>Design-sprint, Instagram Live, Facebook Live, etc.</i>		
19:00 – 21:00		Cultural evening: bring your cultural attire		

Wednesday, October 16, 2019				
06:00 – 08:00		Start the day right! Join other participants for exercise, meditation or prayer		
09:00 – 10:30	EXHIBITS	Plenary Session II: Accelerating improvement of the health and wellbeing of young people		
		Moderators: Georgette Grootfaam and Susan Kasedde		
		<ul style="list-style-type: none"> Valentina Baltag: Comprehensive and standard-driven health services and programs for adolescents Alison Drayton: improving and protecting the sexual and reproductive health and rights of young people in the Caribbean Christina Williams: How safe spaces can make sexual and reproductive health safer. Dennis Glasgow: Leaving no young person behind – reaching young people in situations of vulnerability. 		

AGENDA

Parallel Sessions			
10:45 – 12:00	Session IIIA: Substance Use	Session IIIB: Youth Participation and Digital Technology	Session IIIC: Sports and Youth Development
	Moderators: Karina Nanan & Dereck Springer	Moderators: Terry Ann Roy and Travis Freeman	Moderators: Kurba-Marie Questelles and Asha Pemberton
	<p>1. Maristela Monteiro/Claudina Cayetano: <i>Alcohol use among adolescents in the Caribbean.</i></p> <p>2. Amrita Gill: <i>Neighborhoods and adolescent polysubstance substance use in Jamaica.</i></p> <p>3. Sonja Caffè: <i>a family-based approach toward substance use prevention in adolescents</i></p> <p>4. Kimberley Gilbert: <i>Sex, Drugs and Soca</i></p>	<p>1. Akeem Lovell: <i>Facing our realities: the everyday lives of youth in the Caribbean captured in images</i></p> <p>2. Bhupendra Sheoran: <i>Hashtags for health: a primer on youth-centered social media</i></p> <p>3. Shakira Emtage-Cave: <i>Meaningful youth participation in sexual and reproductive health and rights.</i></p> <p>4. Zuwena Perry: <i>#disaintnew But It Could Be: How to Effectively Use Social Media as a Tool for Meaningful Engagement</i></p>	<p>1. Zahra Gaskin: <i>Diary of a Teen Athlete in the Caribbean</i></p> <p>2. Derrick Simon: <i>Illuminating Pathways for Youth Development in Sport</i></p> <p>3. Mark Mungal: <i>Rapid Assessment of Physical Activity Capacity of Primary Schools in Trinidad and Tobago.</i></p> <p>4. Renette Toolsiram: <i>Skills Training as a tool for youth Development: A Case Study of the Citizen Security Strengthening Programme.</i></p>
12:00 – 14:00	Lunch break		
12:45 – 14:00	<p align="center">Special session II – Side Events</p> <ol style="list-style-type: none"> PAHO: The Mental Health Literacy Program Girls Not Brides: Stronger Together to End Child Marriage to Support Girls to Fulfil their Potential Caribbean Development Bank: NCDs and youth: Innovating a Healthier Future Together Asha Pemberton: Caribbean Association for Adolescent Health 		
Parallel Sessions			
14:15 – 15:45	Session IVA: Adolescent and Youth Suicide	Session IVB: Adolescent Pregnancy	Session IVC: Climate Change and Environment
	Moderators: Dexter Wilson and Sandra Jones	Moderators: Khadijah Moore & Suzanne Serruya	Moderators: Arianna Seeraj and Sheila Forrester
	<p>1. Hanif Benjamin: <i>“Dynamics and Approaches to Adolescent and youth Suicidal Behaviour in the Caribbean”</i></p> <p>2. Jessica Anthony: <i>Risk and Protective Factors for Suicide amongst in school youth in Guyana.</i></p> <p>3. Yifeng Wei: <i>The Impact of Blended “Go-To” Educator and Mental Health Literacy Curriculum Guide Training in Belize.</i></p> <p>4. Grace Gatera: <i>Building youth engagement in global mental health through the youth-led campaign My Mind Our Humanity.</i></p>	<p>1. Pilar de la Corte Molina: <i>Current Status of Adolescent Pregnancy in the Caribbean</i></p> <p>2. Ricardo Baruch: <i>Sexual and Reproductive Rights of Adolescents in four countries in the Caribbean.</i></p> <p>3. Cynthia Pitter: <i>Pregnant and abused adolescents: The underserved population in Jamaica.</i></p> <p>4. Mona-Lee Belizaire: <i>The Impact of Programmes and Policies on Adolescent Mothers</i></p>	<p>1. Laura Lee Boodram: <i>“Climate Change-Impact on Regional Health Security”</i></p> <p>2. Susan Kasedde: <i>Adolescent Participation in Monitoring of the Air Quality in Belize: An Air Quality Champions Initiative.</i></p> <p>3. Myriam Narcisse: <i>Empowering vulnerable girls to navigate an ever-changing and challenging environment</i></p> <p>4. Mareeka Dookie: <i>“Hop aboard the waste train” (Virtual Interactive Presentation)</i></p>

AGENDA

16:00 – 17:00		KNOWLEDGE CAFÉ – Shanti Singh - Anthony
		YOUTH ZONE <i>Design-sprint, Instagram Live, Facebook Live, etc.</i>
19:00 – 21:00		Karaoke night: come and showcase your talent!!

		Thursday, October 17, 2019	
06:00 – 08:00		Start the day right! Join other participants for exercise, meditation or prayer	
09:00 – 10:45	EXHIBITS	Plenary Session III: From Commitment to Action Moderators: Nathalia Joseph and Dona Da Costa	
		Panelists: <ul style="list-style-type: none"> - Sonja Caffè: Changing the paradigm: positive youth development - Christopher Gilkes: Vision and commitments of Caribbean youth to advance SRHR in the Caribbean: Accelerating the Promise of the International Conference on Population and Development - Annica Gayle-Geddes: (Re)Centering social inclusion and gender equality in the mainstream of adolescent and youth health - Veronica Cenac: Legislation gaps in accessing SRH services and securing SRH Rights in the Caribbean for adolescents - Susan Kasedde: Youth participation in health 	
		Group discussions	
11:00 – 13:00		Session VA: A roadmap towards adolescent and youth health in the Caribbean: Innovative Approaches, Promising Practices & Emerging Areas of Interest Moderators: Zuwena Perry and Dereck Springer Group discussion	Session VB: A roadmap towards improving adolescent and youth health in the Caribbean: Strategic Advocacy & Partnership building Moderators: Lucien Govaard and Asha Pemberton Group discussion
13:00 – 14:00		LUNCH BREAK	
14:00 – 15:30		CLOSING CEREMONY	

SPECIAL THANKS TO:

PAHO



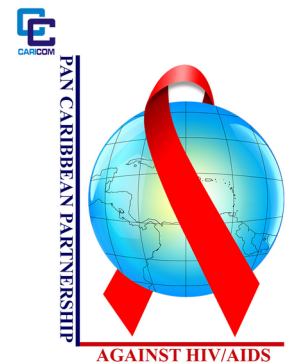
Pan American Health Organization



World Health Organization
REGIONAL OFFICE FOR THE Americas



CARPHA



International Association for Adolescent Health

The CCAYH organizing committee appreciates all Youth Leaders' contributions to the organization of the First Ever Caribbean Congress!
Thank you for making this event possible!

