TECHNICAL GUIDANCE – HIV TREATMENT DURING COVID-19 PANDEMIC

HOW WILL CLINICAL SERVICES FOR PLHIV BE AFFECTED?

HIV VIRAL LOAD SUPPRESSION

Ensure and maintain HIV viral load suppression.

VIRAL LOAD TESTING

Routine viral load monitoring in stable patients may be delayed based on local circumstances.

STARTING ART

ALL PLHIV who are starting ART should receive at least 3 but preferably 6 months of drugs.

ADHERENCE

Assess and support adherence via phone.

ARV REGIMEN

IMPORTANT: Cohort studies indicate <5% of clients initiating ART require a change in ARV regimen in first six months of treatment.

COMMUNICATE

Obtain two forms of contact for PLHIV, especially in ART initiators.

Source: President’s Emergency Plan For AIDS Relief (PEPFAR)
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MORE COVID-19 AND HIV RESOURCES ON PANCAP.ORG